



“Blessed are they that Mourn...”

Matthew 5:4

What Does it Mean to Mourn?

- Jesus' use of paradox. [Mat 10:39](#)
[39](#); [23:11](#)
- He wants us to be joyful. [John 16:33](#);
[Phil 4:4](#); [Prov 17:22](#)



What Does it Mean to Mourn?

- Mourn because of sin. 2 Cor 12:21; Psa 51:1-4; Luke 22:54-62; Isa 6:5; 2 Cor 7:9-10; Psa 51:16-17
- Benefits of mourning. 1 Tim 4:2; Eph 4:19



How Are We Comforted?

- Comfort. [2 Cor 1:4](#)
- Mourning for sin turns into joy. [Mark 16:16](#); [Acts 8:39](#); [1 John 1:7,9](#); [Luke 16:25](#); [Heb 6:19](#)



How Are We Comforted?

- Mat 5:4 & 11:28
 - “Heavy laden...” = “Mourn...”
 - “Will give you rest...” = “Shall be comforted....”
- Pain can bring healing. Phil 4:7





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